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SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE, MARIE, ONTARIO

COURSE OUTLINE

Course Title   NURSING CONCEPTS

Code No.:   NUR 330-1

Program: NURSING

Semester   FIVE

Date: SEPTEMBER, 1987

Author   MARIE PRICE

New: Revision: X

APPROVED:
            Chairperson   Date

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CALENDAR DESCRIPTION

NURSING CONCEPTS   NUR 330-1

Course Name   Course Number

COURSE DESCRIPTION:

This course is designed to prepare and assist the student to assume responsibilities of a graduate nurse. Aspects of the nurse's role such as patient advocate and leadership are highlighted. Methods of nursing care delivery are examined as well as how to effect change.

COURSE OBJECTIVES:

1. Demonstrate the nurse's role as a patient's advocate.

2. Examine various methods of nursing care delivery.

3. Discuss a leadership role in nursing. Examine assertiveness in nursing.

4. Analyze the roles and responsibilities of the nursing profession relative to the structure of the health care system.

5. Describe how the change process may be used to facilitate nursing.

6. Anticipate and plan opportunities for continuing personal and professional development.

METHOD OF EVALUATION (GRADING METHOD);

1. Participation and Attendance   10%

   a) Participation marks based on sharing relevant material in class and enhancing class learning.

   b) Two excused absences permitted.

2. Written reportsr letters and responses to   90%
   readings and presentations. Emphasis will
   be placed on ability to summarize material
   in a brieff clear and concise form.

                                            100%

- INSTRUCTIONAL METHOD;

  Content will be presented in lectures, small seminar groups and with guest speakers.

  READING:

  Students are expected to read journal articles and current literature Sharing this in class will form part of participation mark.

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A. EXAMINE THE NURSE'S ROLE AS PATIENT
ADVOCATE

Complete Class Worksheet

1. Define the term patient advocate

"Advocacy: What is it?"
(Brewer) J Gerontal Nursing,
1982 March 8, pp.
141-143.

   Identify characteristics needed
   in a professional nurse to be the
   patient * s advocate.

Storch, J., Patient's Rights,
McGraw-Hill, 1982, pp. 170-175

3. Site everyday examples of when
   patients need an advocate.

"Integrating Advocacy Into the
Gerontological Nursing Major,"
M. Jo. Namerow, Journal of
Gerontological Nursing, Vol. 8,
No. 3, March, 1982.

4. Examine issues that may cause
   nurses to abandon their client/
   advocate role.

"What is advocacy, insubord-
ination, or both?" (J. Berde)
RN, May, 1982, pp. 109-111.

"Patient's Advocate - Letting
Patient Go" (Carol Anne
Hanrahan), RN, Oct., 1984,
pp. 17-18.

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B.   <u>EXAMINE SELECTED SKILLS CRUCIAL TO THE NURSE'S ROLE AS PATIENT ADVOCATE</u>

    1. Demonstrate assertiveness skills

Herman, S.J., <u>Becoming Assertive,</u> (RT86H47)

Angel, Gerry, <u>Developing the New Assertive Nurse,</u> (RT86A63)

Chenevont, M., <u>Stat; Special Techniques in Assertiveness Training,</u> (R69 2C4B)

Sundeen, S.J., Nurse-Client <u>Interaction</u>, Mosby, 1985, pp. 188-189.

Devise an appropriate clinical objective for your practice related to assertiveness.

    2. Examine how change process skills may be used to facilitate patient advocacy.

Kozier, B., <u>Fundamentals of Nursing</u>, 3rd Edition, Addison-Wesley, 1987, pp. 142-144.

"Managing Change Creatively" by B. Walton Sprodley, <u>Journal of Nursing</u>, May, 1980.

"Savage Beasts That Soothe: How the Pet Visitation Program Works," (O. Roberts), CN, Sep., 1984, pp. 48-49.

Mauksch, E., <u>Implementing Change in Nursing</u>, (RT8 6.5 M38)

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B.   EXAMINE SELECTED SKILLS CRUCIAL TO
      THE NURSE'S ROLE AS PATIENT ADVOCATE CONT'D

Describe how to develop and use
political action skills for
patient advocacy.

Kozier, B.. , Fundamentals of
Nursing, 3rd Edition, pp. 131-
142.

Play From Strength: A Canadian
Woman's Guide to Initiati*nn*
Political Action, The Canadian
Advisory Council on the Status
of Women, 1983.

Given a case situation, write an
advocacy letter for a patient. (In
this letter, incorporate concepts
from political action, assertive-
ness and change process).

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EXAMINE SELECTED ROLES AND
RESPONSIBILITIES OF THE NURSING
PROFESSION.

1. Explain the structure and functions of:	Handouts on RNAO, CON, and ONA.
a) RNAO	Guest Speaker.
b) College of Nurses	
c) ONA	Complete worksheet for class discussion.
2. Examine the following working relationships:	Cortin, L. and Flaherty, M.J., <u>Nursing Ethics: Theories and Practice</u>, Brady, 1982, Section III.
a) Nurse-Nurse	
b) Nurse-Patient	
c) Nurse-Physician	Complete worksheet.
d) Nurse-Employer	
3. Examine selected current issues in nursing.	Identify an issue from current nursing literature (1986/87) and prepare to discuss in class (cite article/book and author)*

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D. DESCRIBE THE FOLLOWING METHODS OF
    NURSING CARE DELIVERY:

    1. Functional Method

    2. Team Method

    3. Primary Method

    4. Modular Method

Kozier, B«, Fundamentals of
Nursingy 3rd Edition, pp.
18-19.

Identify and critique method on
your assigned ward, for class
discussion.

<u>LEARNING RESOURCES AND</u>
          <u>ACTIVITIES</u>

<u>DESCRIBE THE LEADERSHIP ROLE OF THE</u>
<u>NURSE.</u>

1. Define "leadership."

2. Identify styles of leadership   Kozier, B., 2nd Edition,
                                          pp. 396-397.

                                          Sundeen, p. 239.

3. Identify methods of decision   Bernhard W., <u>The Key to the</u>
   making.   <u>Professionalization of Nursing</u>
                                          (RT89B46).

4. List key attributes for the   Langford, T.L., <u>Managing and</u>
   leadership role of the staff nurse   <u>Being Managed</u>, (RT82L32).
   and head nurse.
                                          <u>Games People Play in Super-</u>
                                          <u>vision</u> (Handout).

5. Describe the professional nurse's   Be prepared to give specific
   role in influencing the health care   examples.
   system.

PLAN OPPORTUNITIES FOR CONTINUING
PERSONAL AND PROFESSIONAL DEVELOPMENT.

Henderson, F.C., Managing
Your Career, Addison-Wesley,
1986.

1. Cite reasons for career
   management.

2. Develop a framework of career
   management.

3* Choose your career goals

4. Identify material from this course
   which will require further
   development for you-